

FSYF Welcomes Pre-Teens

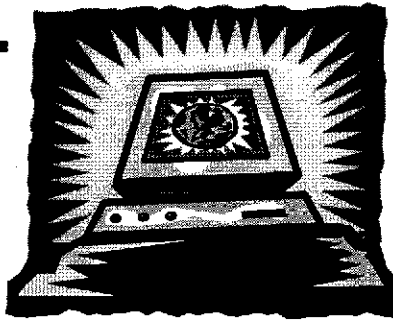
Around the World in a Lifetime (AWAL) has helped many Foreign Service teens adjust to life in the U.S. and survive moves around the world. The Foreign Service Youth Foundation has now begun a new group for the younger set, ages 10 to 12 years old. The first "Jr. AWAL" outing, a trip to the Diplomatic Pouch Center, was scheduled for July 1.

Older youth (ages 13-18, "Original AWAL") will have a tubing adventure on July 18. All ages (10-18) are invited to Kings Dominion on August 19.

Jr. AWAL plans for the future include at least four activities a year, plus two Away Day programs at Hemlock Overlook, and a newsletter of their own (separate from Wings of AWAL). Parental involvement is important, but we will also have a professional program manager working with the children, addressing their concerns about our mobile lifestyle.

The FSYF Welcome Back in September (or October, date and venue not set) will include for the first time, 10-12 year-olds and their parents, as well as the usual 13-18 year-olds and parents.

For more information, call Susan Scott at 703-759-7952. For information about Jr. AWAL, call Marge Catt, 703-904-7778.



Cyber Services Target FS Families

People keep saying that information technology will provide wonderful benefits for Foreign Service families. You may have already discovered the joys of e-mail in corresponding with distant friends and relatives. Now there are two new ways that your computer can help you.

The new web site for Foreign Service families, Foreign Service Lifelines, is chock full of useful information—and the archive of past articles is growing all the time. Got to <http://www.kreative.net/fslifelines> to see what you're missing. Your suggestions are welcome.

A second, brand-new service is an electronic "mailing list," called Foreign Service Livelines—"live" because you are in direct communication with the other members of the list. E-mails that you send go to the whole list, and thus you may find someone has just the in-

formation you need. You may subscribe (for free) by sending an empty message to: livelines-subscribe@... Please note that this service is just beginning, so you may not see many messages at first. The content will depend on the participation of the members.

Cookbooks Sought

In the good old days when I was an FSO—say 1960s-1970s—my wife and most of her friends depended heavily on a series of three slim paperback cookbooks with a title something like: *Make Now, Bake Later*. The contents were a series of often spectacular but always "different" casserole dishes.

We are now, in retirement, entertaining groups of 20-30 fairly often and need NEW IDEAS for buffet casseroles—and have learned that recycling old tried and true recipes works better than most "new" concoctions.

I wonder if you might put a notice in requesting anyone who has disposable copies of one or more of these books (now, I feel sure, out-of-print) to contact me. I am agreeable to a modest price, of course.

*Robert W. Macdonald
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P.S. I am the cook these days, by the way.

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